Atmospheric instability and sounding-derived indices

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OSMER - ARPA Friuli Venezia Giulia

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Outline

- Basic variables and adiabatic processes.
- Atmosphere (in)stability.
- 8 Radiosoundings: skew-T and Thetaplot.
- Sounding-derived indices and their correlations.
- Intro to forecasting meteo events with sounding-derived indices.



Europe at 500 hPa as seen by RDS alone (WND barbs, Z lines, Θ_e filled)

(B)



Section 1

Basic variables and adiabatic processes



Source: http://www.its.caltech.edu/~atomic/snowcrystals/ice/ice.htm



Air is a *mixture* made by a variable part (0-4%) of H₂O (mass 18) plus a *fixed* proportion of other gases: 78% N₂ (mass 28), 21% of O₂ (mass 32), 0.9% of Ar, 0.03% of CO₂,...

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- For this reason *meteorologists* define "air" as a mix of 2 ideal gases: 1) DRY AIR: $\mathbf{p_d} = \rho_d \mathbf{R_d} \mathbf{T}$, with $R_d = 286.99 \text{ J}/(\text{kg K})$;
 - 2) VAPOR: $\mathbf{e} = \rho_{\mathbf{v}} \mathbf{R}_{\mathbf{v}} \mathbf{T}$, with $R_{\mathbf{v}} = R_d / 0.62198 = 461.4 \text{ J} / (\text{kg K})$.

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- Air pressure is $\mathbf{p} = \mathbf{p}_{\mathbf{d}} + \mathbf{e}$; air density is $\rho = \rho_{\mathbf{d}} + \rho_{\mathbf{v}} = \rho_{\mathbf{d}}(\mathbf{1} + \mathbf{q})$, where $\mathbf{q} = \rho_{\mathbf{v}}/\rho_{\mathbf{d}} = \mathbf{0.622}\frac{\mathbf{e}}{\mathbf{p}-\mathbf{e}}$ is the water vapor mixing ratio. One can define virtual temperature $T_{\mathbf{v}} \cong T(1 + 0.6q)$ so that $\mathbf{p} = \rho \mathbf{R}_{\mathbf{d}} \mathbf{T}_{\mathbf{v}}$.



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- The maximum quantity of water vapor (before condensation) depends only by air *temperature*, via the *saturation vapor pressure*, simplified by: e_{sat}(T) = 6.11 · e^{19.8·T}/_{T+273}. *Relative humidity* is RH = 100 · e/(e_{sat}(T)). In NE Italy *q* varies between a minimum of 1 g/kg to a maximum of about 22 g/kg. Note that H₂O is lighter than dry air (molecular mass of 18 vs. 29): the more moist air, the less dense it is.

Saturation diagram: the point of view of water



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Lifted Condensation Level temperature, T_{LCL} , then it follow a wet adiabat. Air mixture is defined by 4 variables: p, T, ρ plus a variable for humidity, like q or RH or T_d or dew-point depressure $(T - T_d)$.

The point of view of the air parcel



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If, after LCL, it is *lifted* along a wet pseudo-adiabat until all moisture is removed (q = 0) and then it is sink down at the initial level through a dry adiabat, it reaches the *equivalent temperature*, T_e . "Equivalent" because it considers the warming due to the latent heat of vapor condensation.

Referring everything to a standard level



To make things more comparable, temperatures can be referred to the standard level (1000 hPa). Bringing the initial parcel there along a dry adiabat defines the *potential temperature*, Θ . The dry adiabat used to define T_{e} intersects the 1000 hPa level at the *equivalent* potential temperature Θ_{e} .

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Adding moisture till saturation at the initial level $[q = q_{sat} = 0.622 e_{sat}(\tau)/(p - e_{sat}(\tau))]$ and doing the same process done for Θ_e defines the saturated equivalent potential temperature, Θ_{es} .

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 - $\Theta_{ed} = \Theta_e(p, T_d, q), \Theta_e(p, T, q) \text{ and } \Theta_{es} = \Theta_e(p, T, q_{sat})$ (note that Θ_{es} depends only by p and T!), where (Bolton 1980):

$$\Theta_{e}(p, T, q) = T \cdot \left(\frac{1000}{p}\right)^{0.2854 (1-0.28q)} \cdot e^{q(1+0.81q) \left(\frac{3376}{T_{LCL}} - 2.54\right)}$$
(1)

$$T_{LCL}(T, e) = \frac{2840}{3.5 \cdot \ln(T) - \ln(e) - 4.805} + 55$$
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Dry, moist and pseudo-saturated adiabatic processes

• Dry adiabatic: air is considered dry (neglecting the vapor enthalpy)

No saturation
$$(q = q_0 = constant)$$
 and $c_p \simeq c_{pd} = 7/2R_d$ (dry air is biatomic) (3)

Invariant :
$$\Theta(T, p) = (T) \cdot \left(\frac{1000}{p}\right)^{R_d/c_{pd}} = (T) \cdot \left(\frac{1000}{p}\right)^{2/7}$$
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LapseRate:
$$-\frac{\mathrm{d}T}{\mathrm{d}z} = \mathbf{\Gamma}_{\mathbf{d}} = \frac{\mathbf{g}}{\mathbf{c}_{\mathbf{pd}}} \cong 9.76 \,^{\mathrm{o}}\mathrm{C/km}$$
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No saturation $(q = q_0 = constant)$ and $mc_p = m_d c_{pd} + m_v c_{pv} = m_d 7/2R_d + m_v 4R_v$ (vapor is triatomic) (6)

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$$\Theta_{Paluch}(T, p, q_0) = (T) \cdot \left(\frac{1000}{p}\right)^{(R_d + R_v q_0)/(c_{pd} + c_{pv} q_0)} = (T) \cdot \left(\frac{1000}{p}\right)^{\frac{2}{7} \frac{1 + R_v/R_d q_0}{1 + \frac{8}{7}R_v/R_d q_0}}$$
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• Saturated (or wet) pseudo-adiabatic: air is always saturated and condensate falls out of the lifted parcel

saturation
$$q = q_{sat}(p, T)$$
, and $c_{p \ liq} \cong 0$ and $c_{p \ ice} \cong 0$ (8)

Invariant :
$$\Theta_e(T, p, q) =$$
equation(1) (9)

LapseRate :
$$-\frac{d}{dz} T = \Gamma_s(\mathbf{p}, \mathbf{q}) \cong 5 \div 8 \,^{\circ} C/km$$
 (low troposphere $\div 500 \,hPa$) (10)

It is called "pseudo" because it is not reversible (rainfall).



Section 2

Atmosphere (in)stability





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- the rising parcel does not mix with the environment (no entrainment and no dilution);
- In the simplest version (conserving Θ_e), during the saturated pseudo-adiabat the condensed water falls out, so that there is no condensate load and no latent heath of freezing.

P.S. Otherwise one could parametrize the liquid water-to-ice transition and consider the load of condensed water

(which reduce buoyancy) and the latent heat of freezing (which increase buoyancy). In such a case Θ_e is not conserved

and buoyancy is computed using the virtual-cloud temperature of the parcel, T_{vc} (see Manzato and Morgan 2003).

Parcel buoyancy

During its inviscid lifting the parcel will experience the following vertical acceleration (called Archimedes buoyancy):

$$\mathbf{B}(\mathbf{z}) = \frac{\mathrm{d}w}{\mathrm{d}t} = -\frac{1}{\rho_{p}} \cdot \frac{\mathrm{d}p}{\mathrm{d}z} - g = -\frac{1}{\rho_{p}} \cdot (-g\rho_{e}) - g = \mathbf{g} \frac{\rho_{e}(\mathbf{z}) - \rho_{p}(\mathbf{z})}{\rho_{p}(\mathbf{z})}$$
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where w(z) is the parcel vertical velocity, ρ_p and ρ_e are the parcel and environment density respectively. The parcel will continue to rise if it is *less dense* than the surrounding environment.

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$$\mathbf{B}(\mathbf{z}) \cong \mathbf{g} \cdot \frac{\mathbf{T}_{\mathbf{p}}(\mathbf{z}) - \mathbf{T}_{\mathbf{e}}(\mathbf{z})}{\mathbf{T}_{\mathbf{e}}(\mathbf{z})}$$
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Instead, if one would consider also the vapor contribution, then he can replace the normal temperatures with the virtual temperatures (called the *"virtual correction"*), but then he should also conserve Θ_{Paluch} instead of the simpler potential temperature Θ during the "moist" adiabat... In both 12 cases, during the saturated pseudo-adiabat it is conserved Θ_e .

The vertical profile of a parcel buoyancy and its integral



Taking a small part of environment as initial parcel and applying the Lifted Parcel Theory, it may happen that the parcel will become buoyant [i. e. B(z) > 0], from its Level of Free Convection, LFC, to its Equilibrium Level, EL.

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Since $B(z) = \frac{dw}{dt} = w \cdot \frac{dw}{dz}$, integrating B(z) along the vertical profile one obtains a squared vertical velocity, i. e. a kinetic energy. The *Convective Available Potential Energy*, CAPE, is obtained integrating the buoyancy from LFC to EL: $CAPE = \int_{z_{LFC}}^{z_{EL}} B(z) \cdot dz = 1/2w^2$, where $z_{LFC} = 1/2$



Potential instability

Starting from an initial level z_0 of an atmospheric profile, in case that the lifted air becomes more dense than the environment, one can think that an external agent will provide the energy (*forcing*) needed to –eventually–reach its LFC. This energy is the *Convective Inhibition*, CIN:

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The condition that there is an initial level for which it is possible to find a LFC is *equivalent* to say that there is an initial parcel having CAPE> 0. As we will see on the Thetaplot diagram, it is *equivalent* to say that the atmospheric profile has a low-level $\Theta_e|_{low} = \Theta_e(z_0)$ which is higher then a mid-level $\Theta_{es}|_{mid}$, i.e. MaxBuoyancy= $\Theta_e|_{low} - \Theta_{es}|_{mid} > 0$.



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profile is said to be conditionally stable if its lapse rate is in between 850 the dry and saturated adiabat, i.e. $\Gamma_s < \Gamma < \Gamma_d$. [hPa] Lifting the bottom of the 006 layer it will become UNSTABLE unstable if it is saturated. but will remain stable if it 22 follows a dry adiabat. 15 / 63 T [C]





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Section 3

Radiosoundings: skew-T and Thetaplot



3

Against homologation

The atmospheric profiles are usually not shown on a normal p vs. T (or z vs. T) diagram as seen until now, but are shown on specific thermodynamic diagrams. In the past many different diagrams were proposed: Neuhoff (1900), Tephigram (Shaw, 1922), Stüve (1927), Aerogram (Refsdal, 1935), Pastagram (Bellamy, 1945), skew-T (Herlofson, 1947)... Today, in 99.999% of cases it is used the skew-T diagram, but I will show you also the Theta-Plot diagram (Morgan, 1992), which I personally believe to be the most useful.

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In the approximation of *dry* air and *hydrostatic equilibrium* it is easy to derive the *hypsometric* or *thickness* equation:

$$\ln \frac{\mathbf{p}_2}{\mathbf{p}_1} = -\frac{\mathbf{g}}{\mathbf{R}_d \overline{\mathbf{T}(\mathbf{z})}} \cdot (\mathbf{z}_2 - \mathbf{z}_1) \tag{15}$$

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From this equation it is possible to see that the height z is approximately proportional to the opposite of the natural logarithm of pressure p. Hence, on the ordinate it will be shown $-\ln(p/1000)$.





On the skew-T diagram the abscissa is turned 45°, so that isotherms are no more vertical lines, but are skewed of 45 degree to the right.

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- The iso-q lines are the dashed blue lines, going toward right from surface upward.



Skew-T graphical explanation



The atmosphere profile is drawn reporting at each pressure level T(p)and $T_d(p)$.

Usually also the horizontal-wind profile is shown on the right side.

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A potentially unstable sounding shown on a Skew-T

28-jun-1998,12:00:00 Skew-t plot for rds16044 (28-Jun-1998,11:00:00).



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-= 50 M/S 10 M/S

- = 5 M/S

A potentially unstable sounding shown on a Skew-T

28-jun-1998.12:00:00 Skew-t plot for rds16044 (28-Jun-1998.11:00:00).



If the mean air in the lowest levels (note the superadiabatic surface) is lifted along a dry adiabat until LCL and then along a saturated pseudo-adiabat, a LFC can be found, hence CAPE > 0. Note that it is needed some forcing to overtake the CIN.

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Theta-plot graphical explanation



On each level of a Theta-plot these 3 values are drawn: Θ_{ed} , Θ_e and Θ_{es} .



Theta-plot graphical explanation



On each level of a Theta-plot these 3 values are drawn: Θ_{ed}, Θ_{e} and Θ_{es} . This Udine sounding, launched at 11:00 UTC of 05/09/2013, has an inversion layer $(\mathrm{d}T/\mathrm{d}z < 0)$ at 800 hPa and also a layer where $\mathrm{d}\Theta_e/\mathrm{d}z < 0$ (between 900 and 850 hPa), but it is not *potentially* unstable (no LFC).



On Theta-plot is easy to identify where Θ_e is conserved



The "third" line of the Thetaplot shows Θ_e , that is one of the most *conserved* variables in atmosphere, since it is conserved even in "dry layers", like that between 1000 and $925 \, hPa \, (q=10g/kg!).$



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The "third" line of the Thetaplot shows Θ_{e} , that is one of the most *conserved* variables in atmosphere, since it is conserved even in "dry layers", like that between 1000 and 925 hPa (q=10g/kg!). The small superadiabatic layer near surface can lead to overestimation of instability, if surface is taken as initial parcel. \sim

Vertical time-series of Θ_e observed by RDS every 6h



Vertical time-series of Θ_e observed by RDS every 6h





Equivalent Potential Temperatures on a Theta-plot

28-jun-1998,12:00:00 Theta plot (rds16044).



Operatively, the Theta-plot diagram is computed observing at different levels p, T and T_d , then deriving $q(p, T, T_d)$ and $q_{sat}(p, T)$ and lastly computing and drawing at each level $\Theta_{ed} = \Theta_e(p, T_d, q),$ $\Theta_e = \Theta_e(p, T, q)$ and $\Theta_{es} = \Theta_{e}(p, T, q_{sat}).$

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Temperatures on a Theta-plot

28-jun-1998,12:00:00 Theta plot (rds16044).



The vertical profiles of Θ_{ed} , Θ_e and Θ_{es} intersect on the isothermes T_d , T_w and T respectively, because of the correspondences seen before. Example shows temperatures at 850 hPa. $(\Theta_{es} - \Theta_{ed})$ resembles the dew-point depressure $(T - T_d)$: the more distant are these two lines. the more dry is that level.

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Mixing ratios on a Theta-plot

28-jun-1998,12:00:00 Theta plot (rds16044).



The vertical profiles of Θ_{ed} and Θ_{es} intersect on the iso-mixing ratio lines (q = const) q and q_{sat} , respectively.



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The sounding shown is the Udine RDS launched at 11:00 UTC of 28/06/1998. Note that soundings are launched before their nominal "time" because the ascension takes about 45 minutes.

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- 5 M/S


A potentially unstable sounding shown on a Theta-plot

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lowest levels (avoiding the surface superadiabatic overestimation) is lifted along a dry adiabat until LCL and then along a vertical saturated pseudo-adiabat, a LFC can be found, hence CAPE> 0.

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lowest levels (avoiding the surface superadiabatic overestimation) is lifted along a dry adiabat until LCL and then along a vertical saturated pseudo-adiabat, a LFC can be found, hence CAPE > 0. Since Θ_e is conserved along the whole process, the LFC exists if and only if Θ_e of the initial parcel is higher then the lowest Θ_{es} in the mid-levels, i.e. MaxBuo> 0= + (= + =





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Choosing another *initial* parcel means simply to start from a different Θ_e and to draw another vertical line. It is immediate to see how LFC and EL change and how much are reduced the CAPE energy and the MaxBuo.

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Choosing another *initial* parcel means simply to start from a different Θ_e and to draw another vertical line. It is immediate to see how LEC. and EL change and how much are reduced the CAPE energy and the MaxBuo. On the Thetaplot the *Most* Unstable Parcel (MUP) is simply identified as the level having the maximum Θ_{e} among all the low levels. The choice of the initial level determines everything about the whole adiabatic lifting.

A potentially stable sounding having $\mathrm{d}\Theta_e/\mathrm{d}z < 0$



If Θ_e is always lower than Θ_{es} then it is not possible to find a LFC, hence CAPE = 0 and MaxBuo< 0. It is better to have a variable defined even for stable soundings (like MaxBuo or LI) than a bounded variable like CAPE.

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- That is true when buoyancy is computed using the normal temperature. If the virtual correction is used, then there is a -very small- influence of the environmental humidity profile even above the initial parcel level.



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- The Theta-plot show also T_w and not only T and T_d .

Make your choice!



Section 4

Sounding-derived indices and their correlations





• A radiosounding is a very complex set of data describing the detailed thermodynamical and horizontal-wind structure of the atmospheric profile. For example, the Vaisala RS-92 sonde provides one observed level every one second. The nominal ascension velocity is about 4.4 m/s, so the troposphere is sampled in about 45 minutes (more than 2500 measured levels!), during which the horizontal winds can shift the sounding location of about 10-50 km.



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- Manzato and Morgan (2003) and Manzato (2003) have presented the SOUND_ANALYS.PY software to compute ~ 50 indices from a high-vertical resolution sounding.

Comparing the raw data with the GTS-TEMP format

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	13	165	10028	285	48	166	171	42	100		925.
	14	171	10023	284	49	166	171	42	100		868.
	15	1/5	1001/	284	49	166	1/0	42	100		865.
	17	187	10004	283	49	166	169	42	100		850.
	18	194	9996	282	49	166	168	42	100		837.
	19	202	9987	281	50	167	168	41	100		809.
	20	209	9979	281	50	167	167	41	100		744
	21	216	9971	280	50	168	167	41	100		700.
	22	223	9964	280	51	168	16/	40	100		681
	54	235	9950	279	51	169	166	39	100		659.
	25	241	9943	278	51	169	165	39	100		624.
	26	247	9936	278	51	169	165	39	200		595.
	27	253	9930	277	52	169	165	38	200		573.
	28	259	9923	276	52	168	164	38	200		547
	30	200	9910	275	52	169	164	36	200		537.
	31	280	9900	275	52	169	163	36	200		509.
	32	286	9893	274	53	169	163	35	200		500.
	33	292	9887	274	53	169	163	35	200		498.
	34	297	9880	273	53	169	162	34	200		485.
	30	303	98/4	273	23	160	161	34	200		410
	37	315	9860	272	53	168	161	33	200		406.
	38	321	9854	271	53	168	160	32	200		400.
	39	327	9848	271	53	168	160	32	200		397.
	40	333	9841	270	54	169	159	31	200		384.
	41	338	9835	2/0	24	1/0	158	51	200		333.
	75	240	9029	270	55	175	157	20	200		326.
	44	355	9817	270	55	172	156	29	200		317.
	45	361	9810	269	55	172	155	29	200		300
	46	367	9803	269	55	171	154	28	200		293.
	47	373	9796	268	55	170	153	28	200		281.
	48	379	9790	267	55	170	151	27	200		280.
	30	300	9/83	200	22	166	140	26	200		252.
	51	395	9772	263	55	165	148	26	200		250.
	52	400	9767	263	55	165	147	25	200		247.
	53	405	9761	263	55	165	146	25	200		217

Weather.uwyo.edu/cgi-bin/sounding?region=europe&TYPE=TEXT%3ALIST&YEAR=2015&MON

16044 LIPD Udine Observations at 12Z 04 Jul 2015

PRES	HGHT	TEMP	DWPT	RELH	MIXR	DRCT	SKNT	THTA	THTE	THTV	
hPa	n	с	c		g/kg	deg	knot	ĸ	K	K	
1011.0	94	31.0	17.0	43	12.20	180	7	303.2	339.7	305.4	
1005.0	147	28.6	15.6	45	11.21	175	8	301.3	334.6	303.4	
1000.0	191	28.2	16.2	48	11.71	170	8	301.4	336.1	303.5	
925.0	876	21.6	15.6	69	12.19	165	8	301.4	337.5	303.6	
868.0	1425	17.2	12.3	73	10.46	297	3	302.3	333.6	304.2	
865.0	1454	17.6	11.6	68	10.01	304	2	303.1	333.1	304.9	
850.0	1604	16.8	9.8	63	9.02	340	1	303.7	331.0	305.4	
837.0	1735	16.2	8.2	59	8.21	344	3	304.4	329.4	305.9	
809.0	2025	17.2	2.2	37	5.57	352	7	308.5	326.0	309.5	
781.0	2323	15.2	-0.2	35	4.84	0	12	309.4	324.8	310.3	
744.0	2734	12.4	-3.6	33	3.96	4	16	310.7	323.5	311.5	
700.0	3241	8.6	-15.4	17	1,66	10	22	312.0	317.6	312.3	
681.0	3463	6.8	-17.6	16	1.42	10	24	312.5	317.4	312.8	
659.0	3728	4.8	-20.1	14	1.18	15	22	313.1	317.2	313.3	
624.0	4168	1.3	-24.4	13	0.85	0	14	314.1	317.1	314.2	
595.0	4552	-1.7	-28.1	11	0.64	15	18	314.9	317.1	315.0	
573.0	4856	-4.1	-31.1	10	0.50	3	20	315.4	317.3	315.6	
558.0	5064	-4.9	-40.5	- 4	0.20	355	22	316.9	317.7	316.9	
547.0	5220	-5.5	-47.6		0.10	10	23	318 0	318 4	318 0	
527.0	5265	-6.1	-54.1		0.05		22	219.0	219 2	219.0	
509.0	5701	-0.5	-55 0		0.04		20	221 0	221 1	221 0	
500.0	6920	-0.2	-56.9		0.04	č	10	221 6	221 0	221 6	
490.0	5951	-9.3	-52.2	ŝ	0.05	-	19	222 0	222 2	322.0	
495.0	6152	-11.1	-50.2		0.00	20	10	322.2	222 6	222.0	
433.0	2021	-10.0	-26.0	10	0.00			303.1	224 6	303.0	
410.0	7031	-10.9	-30.9		0.30			303.1	305.0	202.0	
410.0	7275	-20.0	-33.0	33	0.07	335	23	323.0	323.5	323.9	
406.0	7451	-22.5	-49.5	53	0.02	350		329.3	327.3	324.4	
400.0	7600	-23.1	-32.1		0.65		21	324.9	321.3	325.0	
397.0	7655	-23.5	-38.5	24	0.35		21	325.1	326.4	325.1	
304.0	/09/	-20.3	-40.3	23	0.30		21	325.0	327.0	325.9	
333.0	8909	-33.9	-42.9		0.26		21	327.6	328.6	327.6	
326.0	9057	-34.9	-47.9	25	0.15		21	328.2	328.8	328.2	
317.0	9251	-36.3	-43.3	48	0.26	0	21	328.9	329.9	328.9	
308.0	9450	-37.5	-53.5	17	0.09	0	21	329.9	330.3	329.9	
300.0	9630	-38.9	-53.9	19	0.08	0	21	330.4	330.8	330.4	
293.0	9792	-40.3	-58.3	13	0.05	2	23	330.7	330.9	330.7	
281.0	10077	-42.5	-67.5	5	0.02	5	26	331.5	331.6	331.5	
280.0	10101	-42.7	-67.2	5	0.02	S	26	331.6	331.6	331.6	
252.0	10807	-48.3	-59.3	27	0.05	10	14	333.4	333.6	333.4	
250.0	10860	-48.7	-58.7	30	0.06	10	14	333.5	333.8	333.5	
247.0	10939	-49.1	-59.1	30	0.05	7	14	334.1	334.3	334.1	
227.0	11486	-52.9	-66.9	17	0.02	343	12	336.4	336.5	336.4	

 $_{41}$ The first \sim 50 levels in a raw sounding (left) or TEMP format (right).



From a sounding it is possible to derive three types of information:



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Environmental indices (that do not need to apply the Lifted Parcel Theory). Very commonly used are: K-index, Precipitable Water (PWE), mean relative humidity of a layer, mean wind of a layer, Shear, Helicity...

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- Mixed indices, which typically uses instability indices together with wind information. Very commonly used are: Energy-Helicity Index (EHI), SWEAT, SWISS...

We will see only a few of them!



K-Index and its 1995-2002 distribution above Udine



One of the oldest indices is the K-Index (George, 1960). The dot line is the sub-sample for soundings associated with convective activity in the FVG plain in the 6 hours after launch (1995-2002). Values above 25 are often associated with lightning occurrences.



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$$KI = T_{@850} - T_{@500} + T_{d @850} - (T_{@700} - T_{d @700}).$$
(16)

KI is defined using only environmental temperature and dew-point depressure on three mandatory levels. Even if very simple, it is also correlated to rainfall intensity.



• *Showalter* (1953) was the first to use the difference of temperature between the lifted parcel and the environmental air at 500 hPa:

ShowI =
$$T_{e \ @500} - T_{p \ @500}$$
 [K] (17)

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- Nowadays the most used "lifted index" is the one using as initial parcel the Most Unstable Parcel (maxΘ_e), called DT500 in Manzato (2003) or MULI by many authors.
- Manzato (2003) introduced also the temperature difference between environment and lifted parcel evaluated at a fixed *parcel temperature* (chosen -15°C) instead than to a fixed pressure level (500 hPa). It was called Difference of Temperature at the Core Level (DTC).

1995-2002 distribution of the Udine MULI



The dot distribution is the sub-sample for soundings associated with convective activity in the FVG plain in the 6 hours after launch (1995-2002). *Low* (< 2°C) or *negative* values are associated with lightning occurrences.

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At least in Europe, there are a number of evidences where the Most Unstable Lifted Index gives better *statistical performances* when forecasting convection (lightnings or hail or storm occurrences) than CAPE, which is a bounded variable. References includes Manzato (2003), 45 Groenemeijer and van Delden (2007), Kunz (2007)...
1995-2002 distribution of the Udine CAPE and CIN



Frequency distribution for CIN (5800 cases, 1540 active cases)



Differently from the "two-level" instability indices (which includes also MaxBuo), CAPE and CIN are *integrated* measures of buoyancy (positive for CAPE and negative for CIN). Note that SOUND_ANALYS.PY computes the maximum UpDr velocity using only the CAPE integrated up to the parcel level of -15° C instead of EL.

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Maximum Buoyancy and Downdraft Potential



Storms are more likely when MaxBuo > -2K. Morgan and Tuttle (1984) defined MaxBuo but also other indices. like the difference between the maximum Θ_{es} in the low levels and the minimum Θ_{e} in the mid levels, called *Downdraft Potential*. DownPot= $Max(\Theta_{es}|_{low}) - Min(\Theta_{e}|_{mid}).$

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Physical meaning: the coolest and more dry air in the middle troposphere $[Min(\Theta_e|_{mid})]$ is supposed to saturate by rainfall evaporation and hence is brought down along a saturated pseudo-adiabat (Θ_e is conserved). The maximum thermal contrast (generating the outflow wind) will happen at the low level where Θ_{es} is maxima. It measures the *negative buoyancy*.



Wind hodograph and shear



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Wind hodograph and shear



The *hodograph* is the plot of the two horizontal wind components u and v. The hodograph path length is called Shear.

$$\text{Shear} = \frac{\int_{z_0}^{z_N} \left\| \frac{\partial \vec{W}}{\partial z} \right\| \cdot \mathrm{d}z}{z_N - z_0} \cong \frac{\sum_{1}^{N} \sqrt{(u_n - u_{n-1})^2 + (v_n - v_{n-1})^2}}{z_N - z_0} \quad \text{(18)}$$



• Shear is usually computed from surface up to 6 or from surface up to troposphere (about 12 km).

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- Shear is usually computed from surface up to 6 or from surface up to troposphere (about 12 km).
- Very often the shear is confused with the Bulk Shear, that is simply the magnitude of the vectorial difference between two winds at two different levels: $BS = \sqrt{(u_2 u_1)^2 + (v_2 v_1)^2}$.

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- The most used levels for the BS are: sfc vs. 1 km, sfc vs. 850 hPa, sfc. vs. 3 km, sfc. vs. 5 km, 1 km vs. 3 km, 1 km vs. 6 km...

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- For example, the Bulk Richardson Number is defined as 2 times CAPE divided by the square of the bulk shear between 6 km and 500 m: BRN= $2\frac{\text{CAPE}}{S_{BRl}^2}$.

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- For example, the Bulk Richardson Number is defined as 2 times CAPE divided by the square of the bulk shear between 6 km and 500 m: BRN= $2\frac{\text{CAPE}}{S_{\text{RPC}}^2}$.
- In very complex orography terrains, like northern Italy, it is not obvious that shear will have the same importance in governing storm organization (single cell, multicell, squall lines) as it has been found in the US's plains, because of the complex interaction between winds and orography...



Storm–Relative Helicity





Storm–Relative Helicity



The storm-relative helicity (Davies-Jones 1990) is the area between the storm-velocity vector, V_s , and the hodograph. Usually integrated up to 3 km. $SRH = -\int_{z_0}^{z_N} \vec{k} \cdot (\vec{W} - \vec{v_s}) \times \frac{\partial \vec{W}}{\partial z} \cdot dz \simeq -\sum_{1}^{N} (u_n - u_s)(v_n - v_{n-1}) - (u_n - u_{n-1})(v_n - v_s)$ (19) Should be useful for supercells and tornadoes.



Water Vapor Flux in the lowest 3 km



In FVG (Adriatic Sea on the South and Alps on the North) we have found to be very useful the *water vapor flux* in the lowest 3 km:

$$VFlux = \frac{1}{N} \cdot \sum_{z_0}^{z_N} \rho_{v \, n} \cdot v_n$$
(20)

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Water Vapor Flux in the lowest 3 km



Physical meaning: strong moist winds blowing from South (VFlux< 0) brings the "convective fuel" against the orographic barrier, producing convection triggered by orographic lifting or strong precipitating systems (especially in autumn). Useful in particular for heavy rainfall forecast.

Example of $\operatorname{SOUND_ANALYS}.PY$ output in a HTML page

SOUND_ANALYSIS RESULTS:

1 ear	Month	Day	Hour				
1998	06	28	12				
Udine Sounding (WMO code 16044, managed by the Italian Aeronautica Militare)							

	_		
Index [5 : 95 percentils unit on all cases April-November 1995-2007]	т	Tv	Tve
MUP ThetaE [296:336 K] Thetae	337.2	337.2	337.2
MUP Mixing Ratio [2:2:12.5 g/kg] Mix	12.4	12.4	12.4
MUP height [228:2434 m]	271	271	271
Convective Available Potential Energy [0.923 Jkg]	1124.2	1243.1	1220.4
Convective Inhibition [-1385:-0.4 Mg]	-46.4	-14.7	-25.0
Tropopause height [9298:13611 m]	12514	12514	12514
Cloud top [2279:11687 m]	11506	11464	11857
Lev. of Free Convection [925:4136 m]	2932	2080	2608
Cloud base height [648:3553 m]	1469	1469	1469
Cloud base temperature [-12.2:15.3 C] Thase	14.5	14.4	14.4
Boundary Layer Top (313:4197m) PBL	752	752	752
Melting level [1720:4338 m] MEL	4402	4587	4312
Wet Bulb Zero [921:3590 m] WBZ	3421	3421	3421
Max Updraft velocity [0:29.3 m/s] UnDr	29.7	32.6	26.0
Max Hail diameter [0:4.8 cm] HD	5.0	6.0	3.8
Precip. Wat. Env. [9.1:36.4 mm] PWE	34.5	34.2	34.2
Precip. Wat. Cloud [0:44.5 mm] PWC	44.3	44.1	44,4
ufc-250hPa Low Rel. Humidity [38:91 %] LRH	64.1	64.1	64.1
efc-500hPa Medium Rel. Humidity [31:88 %] MRH	58.7	58.7	58.7
500-300hPa High Rel. Humshity [11:71 %] HRH	22.5	22.5	22.5
CAP diff_theta_es [1.3:17.8 C] CAP	1.4	1.4	1.4
Low buo, accel. [-44:31cm/s2] b PBL	-47.0	-47.0	-47.0
Downdraft Potential [3.5:52.4 K] DownPot	47.6	47.6	47.6
Maximum Buoyancy [-9.8:9.6 K] MaxBuo	10.33	10.33	10.33
C (1			

LI	-3.22	-3.74	-2.01			
Diff. Temp. 500hPa [-3.3:9.4 C] DT500	-3.3	-3.81	-2.11			
Diff. Temp. at -15 [-3.5:7.0 C] DTC	-2.89	-3.27	-2.76			
Showalter Index [-1.0:11.7 C] ShowI	0.06	-0.28	0.8			
Stabil: Wind Shear Index Switz.) [-4.3:15.9.] SWISS	-3.2	-3.7	-2.0			
Severe WEAth. Threat [7.4:186] SWEAT	129.5	129.5	129.5			
KI	28.7	28.7	28.7			
Boyden Index [91.6:98.9] BOY	95.4	95.4	95.4			
Vapour Flux [+41:20 gm-2s-1] VFlux	-31.7	-31.7	-31.7			
U Low Lev. Wind [-2.7:7.6 m/s] LLWu	0.5	0.5	0.5			
V Low Lev. Wind [-4.0:3.9 m/s] LLWv	-3.1	-3.1	-3.1			
<u>U Med. Lev. Wind</u> [-10.3:5.7 m/a] MLWu	-7.6	-7.6	-7.6			
V Med. Lev. Wind [-13.2:4.3 m/s] MLWv	-3.1	-3.1	-3.1			
U High Lev. Wind [-31.3:9.9 m/s] HLWu	-23.9	-23.9	-23.9			
V High Lev. Wind [-18.6:24.4 m/s] HLWv	-4.2	-4.2	-4.2			
Low Level Jet (>15m/s) Depth [0:2776 m] LLJD	387	387	387			
High Level Jet (>30m/s) Depth [0:4781 m] HLJD	0	0	0			
Bulk Richardson Numb. [0:86] BRI	34.1	37.5	36.8			
Bulk Shear sft-850hPa [1.2:11.5 m/s] BS850	1.7	1.7	1.7			
<u>Shear * E-3</u> [4.0:14 s-1] Shear	4.6	4.6	4.6			
Shear * E-3 [5.0:17 s-1] Shear 3	0.0	0.0	0.0			
Helicity [-55:127 J/kg] Hel	50.1	50.1	50.1			
Storm Rel. Helicity [-18:187 J/kg] Rel Hel	65.2	65.3	65.3			
Energy-Hel. [-0.004:0.298 m4/s4] EHI	0.46	0.51	0.5			
Radiosende vertical vel. [3:78:5:53 m/s] VV	4.46	4.46	4.46			
Stand. dev. vertical vel. [0.25:0.97 m/s] VVstd	0.39	0.39	0.39			
Sounding Analysis results						



Just an example of the many indices computed by Sound_Analys.PY for the Udine 1998/06/28 12 UTC sounding. The three methods "T", "T_v" and T_{vc} are explained in Manzato and Morgan (2003).

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Matrix of inter-correlations among sounding-derived indices

Manzato JAMC 2012 has studied the correlations among 52 indices derived from 1992–2009 00, 06, 12 and 18 UTC Udine soundings.

These indices can be seen as a non-linear reduction of 3D basic atmosphere variables $(p, T, RH, \Theta_e, wind$ at many levels) into a set of intercorrelated parameters. Correlation Matrix of all the predictors (1992-2009)



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3 groups of indices highly inter-correlated (R \geq 0.80)

Indices related to the most unstable parcel, like its equivalent potential temperature (Θ_e), its mixing ratio (Mix) and the height where its ascent temperature becomes 0 °C (MEL), or related to other environmental characteristics, like the height where the atmospheric wet bulb temperature becomes 0 °C (WBZ) and the precipitable water integrated along the entire atmospheric column (PWE).

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- Indices of "two-levels" potential instability such as Lifted Index (Galway 1956), Showalter Index (Showalter 1953), DT500 and DTC (Manzato 2003), i.e. the "lifted index family". Also the Maximum Buoyancy (Morgan and Tuttle 1984, Manzato and Morgan 2003,) is very well related to three of these indices.

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- Indices of "integrated" potential instability, i. e. maximum updraft velocity (UpDr), hail diameter (HD), CAPE and precipitable water integrated between LFC and the equilibrium level (PWC). MaxBuo is also well correlated with three of these indices.



Section 5

Forecasting meteo events with sounding-derived indices





The simplest way to use indices is setting a threshold



Here you can see a Thetaplot +hodograph +index table made by Arturo Pucillo (OSMER) in GrADS.

-99,-99,-99,-99

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10 m/s 50 m/s



MEL [m] = 3821

LI [C] = -1.38

PWE [mm] = 29.8

MLWu [m/s] = 1.9[m/s] = -2.5

 $BS850 \Pi = 1$ Shear3 [a-1] = 5.1

BRI [1] = 1.32.9

[2] = 58.7

VFlux [gm-2a-1] = -10.4

[m/s] = 4.4HLWv.

Rei Hei [J/kū] = 15.6

-99,-99,-99,-99

10 m/s 50 m/s

 $[J/k_q] = 598.6$ UpDr [m/s] = 23.5

CIN. [J/km] = -57 CAPE

The simplest way to use indices is setting a threshold



Here you can see a Thetaplot +hodograph +index table made by Arturo Pucillo (OSMER) in GrADS. Note the red-green colors when a statistical threshold (found maximizing the **Pierce Skill** Score) is exceeded. < 口 > < 同 > → Ξ →



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- When a complex statistical method is applied, like one with many predictors or non-linear models (neural networks), it is mandatory to avoid the *overfitting*. A good way is to develop the model fitting a *trainig* set and choosing the model that optimize the *validation* set. Lastly, an independent *test* sample should be used?



• For any forecasting problem it should be clarified if it is a classification problem (forecasting among a few class categories, e.g. binary events) or a regression problem (forecasting the value of a continuous variable), because the statistical models applied are different and also the forecast verification techniques are different (e.g. contingency table vs. Taylor diagram).

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- For example, for regression problems, it is a commonly to standardize each variable, subtracting the mean value and dividing for the standard deviation.
- For the classification problem, we suggest to transform each variable in its empirical posterior probability of event occurrence, as explained in Manzato (2005).



Section 6

Conclusions

"Pazzo è bene da catene, Chi fastidio mai si dà Per saper quel che sarà..." He is a raving madman who ever takes the trouble to know what the future holds...

from the first act of "Sant'Alessio" (1631) by Stefano Landi (1587–1639), text by Giulio Rospigliosi (1600–1669, also known as Pope Clemente IX).



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- Reflect on the importance of the choice if the initial parcel, that determine the full adiabatic process (initial parcel Θ_e).
- Consider the old Lifted Index before CAPE and compute the MaxBuo.
- Try always a multivariate approach because more indices are better then a few and be careful to avoid overfitting in your verification process.

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Thanks!

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